

## **Lambda Sigma Approved Service Opportunities**

### **Individual opportunities for service**

Members may do these service projects on their own or may coordinate with other Lambda Sigma members and go anytime that fits their schedules and the needs of the community organization. Some of these are things that may be done once and/or sporadically while others require an ongoing, weekly commitment.

*\*Ongoing, weekly commitment involved.*

### **Casserole Kitchen** (Contact: 312-2175 or patrickkuy@yahoo.com )

The Casserole Kitchen operates at First Presbyterian Church (307 University Drive) three days a week: Tuesday, Thursday and Saturday. The location of the Casserole Kitchen is in the FPC Fellowship Hall (Ground Floor). The Tuesday and Thursday meals are served from 6:00 PM to 6:30 PM. The Saturday meal is served from 11:30 AM to 12:00 Noon. Volunteers are needed to help with set-up, serving and clean-up. Please call ahead to set a specific time and to let them know you are coming to help.

### **Salvation Army** (662-324-3304)

Volunteers are needed to help sort donations and may show up anytime during business hours. Volunteers may not work more than four hours in one shift and must sign a liability waiver. The store is located at: 501 Hwy. 12 W., Starkville MS 39759

### **Humane Society** (Contact person: Sherrie Wiygul 662-338-1065 or volunteer@ochsms.org)

If you have wanted to volunteer at the Humane Society be sure to take part in a one hour Volunteer Training provided by the Oktibbeha County Humane Society and learn how to be a helping hand for animals at the shelter. Training sessions will be held on Monday, September 16 and Tuesday, September 24 at 5:30. Volunteers must fill out an application prior to the training. The application is available at the shelter or online:

<http://www.ochsms.org/volunteer.aspx>

Volunteer times are flexible throughout the week. Limited volunteers times are can also be scheduled on Saturdays. Volunteers are asked to make a three month commitment and come several times during that period. The shelter is located at: 510 Industrial Park Road Starkville, MS 39759

### **Box Tops for Education** (Contact person: Amy Fountain afountain@comm.msstate.edu)

Collect the pink "Box Tops for Education" coupons found on boxes, bags and labels of food and household products and turn them in at our regular Lambda Sigma meetings. The box tops we collect will be given to a local school as part of a fundraising effort. Members will receive 30 minutes of service for every 50 coupons they turn in. Coupons should be submitted in groups of 50 in an envelope and Ziploc bag that is labeled with the member's name and number

of coupons enclosed. A maximum of 1 service hour may be earned via Box Tops (but you can always collect more box tops for a good cause!) For a list of products that carry box tops coupons visit: [http://www.boxtops4education.com/earn/clip/Brands.aspx?nicam5=vanityurl\\_web\\_product](http://www.boxtops4education.com/earn/clip/Brands.aspx?nicam5=vanityurl_web_product)

**WATCH DOGS at Sudduth Elementary** (Contact person: Ginger Mitchell 662-324-4150)  
Sudduth's Watch DOGS encourages men – Dads, Grandads, Uncles, Brothers, Cousins, Mentors, Pastors – to volunteer in our school and to be positive male role models for all children. Duties involve devoting a few hours a month to visiting classrooms, helping out in the cafeteria, assisting in music and art classrooms, reading books, and more! Men, you don't have to be a parent of a Sudduth student to participate. Just a great guy with a generous spirit! Volunteering does require a background check. An interest meeting will be held on Thursday, August 29 at 6:00, but volunteers may contact Ginger at anytime to become involved.

**\*Legacy Hospice** (Contact person: Polly Briggs 662-338-0007)

Volunteers are needed for weekly visits with terminally ill hospice patients. Activities that volunteers do with patients while visiting can include: conversing, watching movies, listening to music, art, painting fingernails, light housework, emotional support, relaxation techniques, and much more. Many of the patients are isolated and greatly appreciate the companionship and support that volunteer visits provide. Visits can be scheduled at volunteers' convenience with the volunteer coordinator.

**Vickers Personal Care Home** (Contact person: Gully Warren 662-312-9974 )

Members may set up times to visit the residents of this nursing home at their convenience. You will need to call ahead to schedule your visit(s), but visiting times are generally between 9-11 and 1-4 everyday. This is a very flexible service opportunity and one you may take advantage of once or repeatedly.

**\*Project AIM** (Contact person: Cathy Curtis [catcurtis@bellsouth.net](mailto:catcurtis@bellsouth.net))

(This year, the program is in need of several male mentors. There are no open spots for female mentors at this time.) This is a mentoring program in which mentors are paired with an individual kindergarten thru fifth grade student. Mentors are required to commit to meeting with their student for approximately 50 minutes each week for the entire school year. Lambda Sigma members interested in mentoring will need to complete an application and go through a two-hour training. Training will be held on Mon, August 26 at 3:30. Please email the contact person, Cathy Curtis, to let her know you plan to attend and also email the LS email account and request the application so that you have it filled out before the training session.

### **Monthly group projects**

All members are strongly encouraged to participate in the group service projects. These are fun opportunities to serve community organizations AND fellowship with your peers! At minimum, members are required to participate in one group project each semester. Members are

encouraged to wear their LS t-shirts to the events and to sign up in advance for these projects so that the coordinators can plan appropriately. (Sign up sheets will be passed around at the LS meetings or you may email the contact person at least one week prior to the event.)

**September:**

**Get Swept Up! (Contact person: Joshua Rushing)**

When: September 4

**October:**

**TBA**

**November:**

TBA -- Hopefully a joint service project with the Alabama chapter to be held on Sunday, November 17. The day after the football game!

**December:**

**TBA**